



# Hello Nick speaking!

Hi, I'm Nick Hardcastle and I'd love for you to join me at my first ever 'Say Something!' workshop on the Coffs Coast in January 2025!

This is a 4 day transformative program for teens and young adults, designed to give you the tools and techniques to share your story and have the confidence to control the way in which you show up for yourself in the World!

I can't wait to hear what you have to say!

## Details

📍 Toormina Community Centre, 171 Toormina Rd. Toormina 2452.

📅 Dates: January 20-24, 2025

January 20-23 10:00AM - 4:00PM

🎤 Final Showcase Night: January 24 - 2:00pm rehearsal for a 6:00pm event. The evening will conclude by 8pm.

## Is This for You?

If you're ready to grow your confidence, refine your communication skills, and shape your unique voice in a safe, fun, and supportive environment,

Say Something is for you.

**Register Now!**

Spaces are limited to ensure every participant receives personalised guidance.

\$380.00 per student includes two tickets for family or friends to the presentation evening.

Additional tickets can be purchased for \$15.

💬 Contact: [nick@hellonickspeaking.com](mailto:nick@hellonickspeaking.com)

Your story matters. It's time to tell it.

[www.hellonickspeaking.com](http://www.hellonickspeaking.com)

# SAY SOMETHING



**“Hello Nick Speaking” Presents:  
Say Something!**

**A 3-Day Communication Workshop  
for Teens & Young Adults.**

**Take control of how you show up to  
the world!**

**Say Something! Is a powerful 3-day  
workshop designed to help teens and  
young adults unlock their authentic  
voice, sharpen their communication  
skills, and build confidence both on  
and off camera.**

**TOORMINA JAN 20-24, 2025**

## What is it?

- Master public speaking techniques that inspire and captivate.
- Build your presence on camera with confidence and charisma.
- Use voice, breath, and body language to communicate with impact.
- Tell your story in a way that connects deeply with any audience.
- Navigate building your online presence safely and thoughtfully.

This is more than just a public speaking workshop. It's an opportunity to work with an internationally experienced Host, Speaker, Actor and Producer who has presented major events for The Emmy's, G'day USA, The City of London as well as film roles and countless hours of television and theatrical productions. Originally from the Coffs Coast, Nick Hardcastle has gone from local to global stages.

## Where is it?

Toormina Community Centre, 171  
Toormina Rd. Toormina 2452.  
\$380.00 includes 2 tickets to  
presentation.

January 20-23 10:00AM - 4:00PM  
Showcase: January 24 -2:00pm  
rehearsal for a 6:00pm event.  
Evening concludes by 8pm.

Nick will teach you how to:

- Define your legacy: Take control of how the world sees you and the impact you leave behind.
- Own your narrative: Share your story with authenticity and purpose.
- Cultivate influence: Learn how to connect with your audience—whether on stage or online.

Your story matters. It's time to tell it. : [www.hellonickspeaking.com](http://www.hellonickspeaking.com)